

Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010

Hamline

Results

Girls 100 Meter Dash

Section 5AA: 11.88 # 2003 Kadeshia Fortune, Mpls. Washburn
12.53 QUAL

Name	Yr	School	Seed	Prelims	Wind	H#
Preliminaries						
1 Davis, Sashanavian	12	Park Center	12.59	12.03 Q	NWI	1
2 Trentor, Rachel	11	Totino-Grace	12.67	12.41 Q	NWI	2
3 Jones, Bria	12	Spring Lk Pk/St. Anthony Villa	12.99	12.59 Q	NWI	6
4 Wooters, Courtney	9	St. Michael-Albertville	12.75	12.70 Q	NWI	3
5 Purcell, Courtney	10	Blaine	12.86	12.75 Q	NWI	5
6 Belsito, Alyssa	11	Mounds View	12.76	13.02 Q	NWI	4
7 Gross, Nia	12	Osseo	13.30	12.81 q	NWI	1
8 Lindquist, Rachel	12	Spring Lk Pk/St. Anthony Villa	13.40	12.90 q	NWI	6
9 Puckett, Brianna	10	Osseo	13.31	12.93 q	NWI	2
10 Nelson, Katie	11	Blaine	13.30	12.96	NWI	1
11 Hill, Melanie	11	Champlin Park	13.29	12.97	NWI	2
12 Heikkinen, Kirsten	10	Rogers	13.03	13.02	NWI	5
13 Arogbokun, Funmi	11	Osseo	13.37	13.06	NWI	5
14 Kanu, SaraMaya	10	Blaine	13.40	13.12	NWI	6
15 Rachac, Devon	9	Spring Lk Pk/St. Anthony Villa	13.48	13.13	NWI	3
16 Severson, Allie	9	Mounds View	13.62	13.23	NWI	3
17 Merchant, Patience	12	Coon Rapids	13.73	13.26	NWI	6
18 Salem, Rachel	8	Maple Grove	13.35	13.28	NWI	4
19 Bednorz, Katlin	11	Anoka	13.20	13.29	NWI	4
20 Cooper, Shirley	11	Fridley	13.02	13.35	NWI	6
21 Fixsen, Olivia	9	Mounds View	13.52	13.35	NWI	2
22 Kreckelberg, Elizabeth	9	Centennial	13.34	13.45	NWI	3
23 Officer, Alera	10	Champlin Park	13.70	13.46	NWI	5
24 Wade, Brea	10	Rogers	13.56	13.52	NWI	1
25 Arbeiter, McKenzie	10	Maple Grove	13.41	13.53	NWI	5
26 Stalboerger, Nicole	9	Coon Rapids	13.78	13.55	NWI	6
27 Tosu, Amanda	12	Irondale	13.93	13.56	NWI	1
28 Gleckler, Abigael	10	Totino-Grace	13.98	13.57	NWI	2
29 Korti, Bendu	9	Fridley	13.60	13.67	NWI	1
30 Perego, Danielle	9	Rogers	14.01	13.69	NWI	3
31 Fadina, Rachel	9	Irondale	13.61	13.69	NWI	2
32 Stewart, Leticia	12	Fridley	13.24	13.75	NWI	3
33 Brady-Olowu, Jordana	9	Irondale	14.06	13.80	NWI	4
34 Motzell, Alyson	9	Totino-Grace	14.10	13.82	NWI	5
35 Watson, Sarah	9	Champlin Park	13.92	13.84	NWI	2
36 Holle, Nicole	10	Coon Rapids	13.79	13.87	NWI	5
37 Nelson, Briana	9	Centennial	13.94	13.90	NWI	1
38 Rand, Cece	10	Anoka	13.70	14.07	NWI	4
39 Piette, Maria	10	Centennial	14.54	14.10	NWI	6
40 Sladek, Katie	12	St. Michael-Albertville	14.24	14.13	NWI	6

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41	Angok, Tina	12	Columbia Heights	13.86	14.27	NWI	4
42	Weber, Ellie	12	St. Michael-Albertville	14.70	14.60	NWI	3
43	Kelly, Aleah	10	Park Center	14.74	14.62	NWI	2
44	Llerena, Domenica	7	Columbia Heights	14.67	14.89	NWI	4
45	Harper, Erica	7	Columbia Heights	14.62	14.96	NWI	5
46	Finnvik, Cynthia	8	Park Center	15.41	15.01	NWI	1

Girls 100 Meter Dash

Section 5AA: 11.88 # 2003
12.53 QUAL

Kadeshia Fortune, Mpls. Washburn

	Name	Yr	School	Prelims	Finals	Wind
Finals						
1	Davis, Sashanavian	12	Park Center	12.03	12.34	3.5
2	Trentor, Rachel	11	Totino-Grace	12.41	12.50	3.5
3	Gross, Nia	12	Osseo	12.81	12.85	3.5
4	Wooters, Courtney	9	St. Michael-Albertville	12.70	12.87	3.5
5	Jones, Bria	12	Spring Lk Pk/St. Anthony Villa	12.59	12.94	3.5
6	Purcell, Courtney	10	Blaine	12.75	13.10	3.5
7	Belsito, Alyssa	11	Mounds View	13.02	13.12	3.5
8	Puckett, Brianna	10	Osseo	12.93	13.20	3.5
9	Lindquist, Rachel	12	Spring Lk Pk/St. Anthony Villa	12.90	13.25	3.5

Girls 200 Meter Dash

Section 5AA: 24.20 # 2010
25.84 QUAL

Sasha Davis, Park Center

	Name	Yr	School	Seed	Prelims	Wind	H#
Preliminaries							
1	Davis, Sashanavian	12	Park Center	25.30	24.75 Q	NWI	1
2	Okonkwo, Anuli	11	Osseo	25.47	25.04 Q	NWI	2
3	Trentor, Rachel	11	Totino-Grace	25.71	25.80 Q	NWI	3
4	Nelson, Haley	10	Maple Grove	26.60	25.94 Q	NWI	5
5	Carter, Kianna	11	Irondale	26.49	26.10 Q	NWI	4
6	Purcell, Courtney	10	Blaine	26.83	26.12 Q	NWI	6
7	Wooters, Courtney	9	St. Michael-Albertville	27.03	26.13 q	NWI	6
8	Puckett, Brianna	10	Osseo	27.15	26.37 q	NWI	5
9	Lister, Marissa	10	Maple Grove	27.48	26.83 q	NWI	1
10	Messerly - Menk, Britta	9	Mounds View	27.36	27.01	NWI	1
11	Bialke, Morgan	11	Osseo	27.64	27.19	NWI	3
12	Belsito, Alyssa	11	Mounds View	27.17	27.24	NWI	4
13	Sinha, Anita	12	Spring Lk Pk/St. Anthony Villa	28.09	27.32	NWI	6
14	Pawlyshyn, Natalie	10	Spring Lk Pk/St. Anthony Villa	27.35	27.37	NWI	2
15	Severson, Allie	9	Mounds View	27.23	27.63	NWI	3
16	Windingstad, Kayla	9	Centennial	27.94	27.79	NWI	5
17	Ogunti, Madia	8	Park Center	30.10	27.83	NWI	6
18	Fuechtmann, Kayla	11	Centennial	27.53	28.01	NWI	2
19	Pearson, Andrea	11	Coon Rapids	28.96	28.02	NWI	1
20	Schirmers, Brandy	10	St. Michael-Albertville	28.61	28.04	NWI	2
21	Officer, Alera	10	Champlin Park	28.30	28.06	NWI	4
22	Penshorn, Elizabeth	10	Coon Rapids	28.76	28.16	NWI	4

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23	Watson, Sarah	9	Champlin Park	28.42	28.18	NWI	2
24	Miller, Abby	10	Blaine	28.59	28.32	NWI	1
25	Cooper, Shirley	11	Fridley	28.12	28.35	NWI	6
26	Fleishfresser, Ashley	9	Spring Lk Pk/St. Anthony Villa	28.96	28.40	NWI	2
27	Gleckler, Abigail	10	Totino-Grace	27.78	28.47	NWI	4
28	Korti, Bendu	9	Fridley	28.90	28.48	NWI	3
29	Thompson, Kaitlyn	9	Blaine	28.69	28.51	NWI	3
30	Roetering, Katherine	10	Maple Grove	28.21	28.51	NWI	5
31	Monson, Sydney	10	Champlin Park	28.52	28.52	NWI	1

Preliminaries ... (Girls 200 Meter Dash)

Name	Yr	School	Seed	Prelims	Wind	H#	
32	Kreckelberg, Elizabeth	9	Centennial	28.42	28.57	NWI	3
33	Dugbeh, Nathatnline	11	Park Center	29.50	28.60	NWI	4
34	Lundberg, Claire	9	Anoka	28.80	28.68	NWI	5
35	Rehm, Katherine	10	Coon Rapids	28.78	28.72	NWI	6
36	Motzell, Alyson	9	Totino-Grace	28.77	28.76	NWI	5
37	Stewart, Leticia	12	Fridley	29.47	28.92	NWI	3
38	Palmer, Amanda	11	Rogers	29.34	28.97	NWI	2
39	Sarazine, Cassidy	9	Anoka	28.80	29.02	NWI	4
40	Robinson, Chelsea	12	St. Michael-Albertville	30.19	29.06	NWI	5
41	Barringer, Danielle	12	Irondale	29.73	29.27	NWI	5
42	Goodin, Kylie	9	Irondale	29.99	29.44	NWI	6
43	Harper, Erica	7	Columbia Heights	30.30	30.33	NWI	4
44	Llerena, Domenica	7	Columbia Heights	31.40	31.05	NWI	3
45	Perez, Shanel	11	Columbia Heights	33.25	32.35	NWI	2

Girls 200 Meter Dash

Section 5AA: 24.20 # 2010
25.84 QUAL

Sasha Davis, Park Center

Name	Yr	School	Prelims	Finals	Wind	
Finals						
1	Davis, Sashanavian	12	Park Center	24.75	24.45	1.9
2	Okonkwo, Anuli	11	Osseo	25.04	24.97	1.9
3	Trentor, Rachel	11	Totino-Grace	25.80	25.42	1.9
4	Nelson, Haley	10	Maple Grove	25.94	25.87	1.9
5	Wooters, Courtney	9	St. Michael-Albertville	26.13	26.35	1.9
6	Purcell, Courtney	10	Blaine	26.12	26.46	1.9
7	Puckett, Brianna	10	Osseo	26.37	26.57	1.9
8	Lister, Marissa	10	Maple Grove	26.83	26.94	1.9
9	Carter, Kianna	11	Irondale	26.10	27.20	1.9

Girls 400 Meter Dash

Section 5AA: 56.07 # 1998
57.29 QUAL

Deborh Cordner, St. Louis Park

Name	Yr	School	Seed	Prelims	H#	
Preliminaries						
1	Webb, Phillis	10	Osseo	56.44	58.07 Q	1
2	Davis, Sashanavian	12	Park Center	57.10	58.61 Q	2

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3	Carter, Kianna	11	Irondale	1:00.57	58.71	Q	5
4	Bethke, Kelsey	12	Mounds View	57.89	59.08	Q	3
5	Lachinski, Hailey	10	Blaine	58.82	1:00.43	Q	4
6	Gillberg, Mollie	12	Coon Rapids	58.91	59.58	q	5
7	Wanner, Elizabeth	11	Totino-Grace	1:01.11	1:00.28	q	1
8	Falck, Kiersten	9	Blaine	1:00.98	1:00.75	q	2
9	Louiselle, Anne	11	Totino-Grace	1:01.10	1:01.41	q	1
10	Schevenius, Laura	12	Centennial	1:00.97	1:01.45		3
11	Neubauer, Brooke	12	Blaine	1:01.69	1:01.49		2
12	Fritz, Alexis	9	Anoka	1:00.60	1:01.94		4
13	Lacy, Maddy	9	Totino-Grace	1:04.34	1:02.45		3
14	Corbin, Taylor	12	Maple Grove	1:02.54	1:03.04		4
15	Malmstrom, Emily	11	Mounds View	1:03.53	1:03.17		3

Preliminaries ... (Girls 400 Meter Dash)

	Name	Yr	School	Seed	Prelims	H#
16	Eisenbraun, Amber	12	Anoka	1:02.20	1:03.26	3
17	Philips, Emily	12	Maple Grove	1:04.45	1:03.47	4
18	Boehne, Nicole	10	Centennial	1:03.31	1:03.67	4
19	Bandt, Carly	9	Mounds View	1:03.94	1:04.14	2
20	Buggs, Alivia	9	Park Center	1:04.00	1:04.48	1
21	Stringer, Paige	10	Park Center	1:03.00	1:04.73	5
22	Sharp, Rachel	10	Rogers	1:04.32	1:05.15	2
23	Culp, Megan	12	Centennial	1:04.58	1:05.31	5
24	Krismer, Katie	10	Maple Grove	1:04.95	1:05.52	5
25	Godwin, Faith	9	Irondale	1:07.58	1:05.81	4
26	Winters, Mackenzie	9	Anoka	1:04.20	1:06.24	1
27	Gordhamer, Lauren	12	Spring Lk Pk/St. Anthony Villa	1:03.25	1:06.30	5

Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010

Hamline
Results

28	Truong, Anna	10	Coon Rapids	1:06.50	1:06.43	2
29	Bialke, Morgan	11	Osseo	1:06.34	1:06.80	3
30	Anderson, Carrie	9	Coon Rapids	1:05.81	1:07.12	4
31	Fritze, Halley	10	St. Michael-Albertville	1:06.76	1:07.14	1
32	Burns, Josie	9	St. Michael-Albertville	1:07.20	1:08.29	2
33	Andruskiewicz, Sydni	10	Rogers	1:07.26	1:08.29	3
34	Reger, Libby	9	Rogers	1:08.72	1:08.68	5
35	Achterkirch, Emily	9	St. Michael-Albertville	1:08.84	1:09.41	4
36	Kabaka, Daisy	9	Champlin Park	1:08.93	1:10.26	3
---	Warnke, Hailee	9	Irondale	1:09.50	DQ	1

Girls 400 Meter Dash

Section 5AA: 56.07 # 1998 Deborah Cordner, St. Louis Park
57.29 QUAL

Name	Yr	School	Prelims	Finals		
Finals						
1	Davis, Sashanavian	12	Park Center	58.61	56.90	QUAL
2	Carter, Kianna	11	Irondale	58.71	57.70	
3	Bethke, Kelsey	12	Mounds View	59.08	58.24	
4	Gillberg, Mollie	12	Coon Rapids	59.58	58.58	
5	Lachinski, Hailey	10	Blaine	1:00.43	59.04	
6	Webb, Phillis	10	Osseo	58.07	59.76	
7	Wanner, Elizabeth	11	Totino-Grace	1:00.28	1:00.62	
8	Falck, Kiersten	9	Blaine	1:00.75	1:01.01	
9	Louiselle, Anne	11	Totino-Grace	1:01.41	1:01.71	

Girls 800 Meter Run

Section 5AA: 2:15.02 # 5/29/2008 Emily Emerson, Centennial
2:17.85 QUAL

Name	Yr	School	Seed	Prelims
Preliminaries				

Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010**Hamline
Results**

1	Sjelin, Maddi	10 St. Michael-Albertville	2:21.40	2:20.33	Q
2	Kienholz, Megan	10 Centennial	2:19.56	2:22.43	Q
3	Shagen, Kaley	10 Osseo	2:21.12	2:22.98	Q
4	Fritz, Katelyn	11 Anoka	2:21.30	2:23.63	Q
5	Winslow, Darian	10 Totino-Grace	2:25.45	2:24.08	Q
6	Engstrom, Melissa	12 Coon Rapids	2:24.19	2:25.88	Q
7	McDonald, Taylor	10 Totino-Grace	2:22.67	2:24.09	Q

Preliminaries ... (Girls 800 Meter Run)

	Name	Yr School	Seed	Prelims	
8	Knopf, Beth	11 Mounds View	2:25.00	2:26.54	Q
9	Glensman, Samantha	10 Osseo	2:29.04	2:27.29	Q
10	Halfrich, Sara	9 Maple Grove	2:28.25	2:25.57	q
11	McSherry, Kylie	9 Totino-Grace	2:28.45	2:28.10	q
12	Stratton, Amanda	11 Blaine	2:27.24	2:28.53	q
13	Christian, Devyn	12 Spring Lk Pk/St. Anthony Villa	2:28.55	2:30.95	
14	Heinks, Mary	8 Irondale	2:33.06	2:31.16	
15	Dutton, Courtney	12 Coon Rapids	2:30.53	2:31.25	
16	Thompson, Jenna	10 Osseo	2:29.14	2:31.31	
17	Ederer, Rose	12 Blaine	2:30.92	2:31.35	
18	Harper, Erin	11 Blaine	2:29.57	2:31.96	
19	Pierce, Ellie	11 Mounds View	2:30.05	2:32.18	
20	Degelau, Brooke	10 Irondale	2:32.95	2:32.39	
21	Cole, Danielle	12 Mounds View	2:29.03	2:32.46	
22	Rudin, Danielle	11 Maple Grove	2:35.41	2:32.76	
23	Anderson, Steph	10 Centennial	2:33.15	2:32.88	
24	Nelson, Anna	10 Coon Rapids	2:33.98	2:33.10	
25	Moore, McKinley	11 Champlin Park	2:36.57	2:33.22	

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Results**

26	Foote, Laura	12	Maple Grove	2:39.32	2:34.95
27	Hemming, Cassandra	7	Park Center	2:35.50	2:34.95
28	Hinkemeyer, Beth	10	St. Michael-Albertville	2:39.65	2:35.16
29	Gast, Lindsey	9	Anoka	2:36.50	2:36.99
30	Metzger, Renae	11	Park Center	2:32.80	2:37.35
31	Myren, Haylee	9	Spring Lk Pk/St. Anthony Villa	2:42.33	2:37.55
32	Hansen, Alexandra	12	Irondale	2:50.45	2:38.95
33	Lewis, Hannah	9	Rogers	2:35.41	2:39.10
34	Rouillard, Janaye	10	Rogers	2:41.22	2:39.36
35	Bianchi, Jessica	11	Rogers	2:40.13	2:43.29
36	Kessler, Emily	12	St. Michael-Albertville	2:41.55	2:43.42
37	Rotich, Jolene	10	Park Center	2:41.40	2:44.16
38	Ryd, Megan	11	Fridley	2:54.00	2:45.15
39	Anderson, Kristen	10	Fridley	2:48.00	2:45.71
40	Krueger, Cailin	7	Columbia Heights	3:03.00	2:48.52
41	Mahdy, Nancy	12	Fridley	2:58.00	2:56.88
42	Ungemach, Anne	9	Columbia Heights	3:16.00	3:04.86

Girls 800 Meter Run

Section 5AA: 2:15.02 # 5/29/2008 Emily Emerson, Centennial
2:17.85 QUAL

	Name	Yr	School	Prelims	Finals
Finals					
1	Kienholz, Megan	10	Centennial	2:22.43	2:18.27
2	McDonald, Taylor	10	Totino-Grace	2:24.09	2:18.78
3	Sjelin, Maddi	10	St. Michael-Albertville	2:20.33	2:21.22
4	Winslow, Darian	10	Totino-Grace	2:24.08	2:23.78
5	Engstron, Melissa	12	Coon Rapids	2:25.88	2:25.03
6	Shagen, Kaley	10	Osseo	2:22.98	2:25.58

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7	Knopf, Beth	11	Mounds View	2:26.54	2:27.06
8	Halfrich, Sara	9	Maple Grove	2:25.57	2:28.37
9	McSherry, Kylie	9	Totino-Grace	2:28.10	2:28.55

Finals ... (Girls 800 Meter Run)

Name	Yr	School	Prelims	Finals
10 Fritz, Katelyn	11	Anoka	2:23.63	2:29.26
11 Glensman, Samantha	10	Osseo	2:27.29	2:30.75
12 Stratton, Amanda	11	Blaine	2:28.53	2:35.71

Girls 800 Meter Run Wheelchair

Name	Yr	School	Seed	Finals
1 Super, JoLynn	9	Spring Lk Pk/St. Anthony Villa		4:08.00

Girls 1600 Meter RunSection 5AA: 5:05.40 # 2004
5:04.03 QUAL

Lisa Waananen, Maple Grove

Name	Yr	School	Seed	Finals
1 Shagen, Kaley	10	Osseo	5:24.43	5:19.88
2 Sjin, Maddi	10	St. Michael-Albertville	5:20.48	5:21.18
3 Butina, Madison	9	Centennial	5:22.26	5:23.66
4 DHeilly, Paige	10	Coon Rapids	5:20.59	5:30.00
5 Rudin, Danielle	11	Maple Grove	5:35.23	5:34.59
6 Soli, Cassidy	10	Champlin Park	5:24.47	5:36.73
7 Morrisette, Mariah	10	Maple Grove	5:40.41	5:38.56
8 Yetter, Hayli	12	Blaine	5:37.82	5:38.94
9 Kretschmer, Alexis	11	Centennial	5:39.55	5:40.19
10 Blais, Katelyn	11	St. Michael-Albertville	5:34.86	5:42.32
11 Fritz, Katelyn	11	Anoka	5:18.30	5:42.52
12 Muellner, Emily	12	Mounds View	5:20.33	5:43.15
13 Hoekstra, Hannah	9	Totino-Grace	5:30.45	5:44.70

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Results**

14	Koskela, Grace	8	Osseo	6:05.44	5:46.83
15	Dills, Sam	10	Coon Rapids	5:31.21	5:47.11
16	Nugent, Ana	12	Totino-Grace	5:37.34	5:47.90
17	Gorman, Erin	9	Fridley	5:55.00	5:48.05
18	Rauch, Nettie	12	Mounds View	5:44.71	5:49.47
19	Lindfors, Jacqueline	9	Rogers	5:49.23	5:50.46
20	Sweeney, Clara	10	Centennial	5:52.00	5:51.19
21	Trescony, Maria	11	Champlin Park	5:53.39	5:52.10
22	Lewis, Hannah	9	Rogers	5:50.87	5:52.40
23	Rosenow, Olivia	9	Maple Grove	5:38.00	5:52.48
24	Shogren, Madeline	10	Blaine	5:51.92	5:52.61
25	Weimholt, Stefani	10	Coon Rapids	5:34.40	5:53.28
26	Weinberger, Jenna	12	Anoka	5:55.40	5:53.32
27	Walton, Melody	12	St. Michael-Albertville	5:44.71	5:54.85
28	Gunderman, Allicia	10	Irondale	5:57.13	5:54.96
29	Ruikka, Sam	10	Fridley	5:55.00	5:55.92
30	Sedesky, Marie	9	Totino-Grace	5:56.23	5:56.24
31	Marsh, Melissa	9	Spring Lk Pk/St. Anthony Villa	5:45.72	5:57.50
32	Schell, Alexandra (Kirby)	12	Irondale	5:59.54	6:00.35
33	Hockert, Katelyn	9	Blaine	5:54.27	6:03.65
34	McElroy, Jenna	12	Champlin Park	5:48.40	6:03.66
35	Picard, Mary	9	Spring Lk Pk/St. Anthony Villa	6:06.78	6:07.27
36	Ubl, Elizabeth	10	Anoka	5:58.10	6:10.03

Finals ... (Girls 1600 Meter Run)

	Name	Yr	School	Seed	Finals
37	Gutierrez, Reyna	9	Spring Lk Pk/St. Anthony Villa	6:03.00	6:13.43
38	Balzer, Nicole	10	Mounds View	5:33.94	6:17.76

Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010**Hamline
Results**

39	Kelly, Meghan	10	Park Center	6:03.00	6:20.29
40	Morke, Ababa	10	Park Center	6:01.50	6:20.99
41	Zink, Kristin	11	Irondale	6:14.55	6:23.27
42	Peterson, Olivia	7	Park Center	6:02.50	6:27.42
43	Krueger, Cailin	7	Columbia Heights	6:45.00	6:42.55

Girls 3200 Meter RunSection 5AA: 10:49.22 # 2003
11:03.81 QUAL

Lisa Waananen, Maple Grove

	Name	Yr	School	Seed	Finals
Finals					
1	Soli, Cassidy	10	Champlin Park	11:38.94	11:32.82
2	Johnson, Brittney	12	Mounds View	11:26.13	11:42.45
3	Norby, Presley	7	St. Michael-Albertville	12:06.04	12:01.08
4	Clark, Ashley	11	Mounds View	11:47.50	12:01.62
5	Kretschmer, Alexis	11	Centennial	12:23.75	12:04.09
6	Picard, Alexandra	11	Spring Lk Pk/St. Anthony Villa	12:09.73	12:04.88
7	Beaver, Kylee	7	Park Center	12:05.00	12:05.84
8	Simonet, Kate	10	Park Center	12:09.00	12:08.55
9	Blais, Katelyn	11	St. Michael-Albertville	11:59.79	12:11.05
10	Morrisette, Mariah	10	Maple Grove	12:37.00	12:27.18
11	Nugent, Ana	12	Totino-Grace	12:34.45	12:29.32
12	Hoekstra, Hannah	9	Totino-Grace	12:06.44	12:30.72
13	Schwieters, Nicole	10	Maple Grove	12:33.00	12:32.25
14	Watts, Mattie	9	Irondale	12:28.13	12:33.58
15	McElroy, Jenna	12	Champlin Park	12:37.61	12:35.09
16	Trescony, Maria	11	Champlin Park	12:48.31	12:36.92
17	Lindfors, Jacqueline	9	Rogers	13:02.28	12:45.38
18	Ruikka, Sam	10	Fridley	12:57.00	12:51.14

Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010

Hamline
Results

19	Waananen, Amy	12	Maple Grove	12:38.00	12:55.82
20	Gunderman, Allicia	10	Irondale	13:07.15	12:57.15
21	Shogren, Madeline	10	Blaine	12:56.37	12:57.96
22	Schoenrock, Jenny	9	Osseo	12:56.50	13:00.77
23	Truong, Christina	10	Coon Rapids	13:07.26	13:03.51
24	Hoff, Katie	9	Spring Lk Pk/St. Anthony Villa	13:03.73	13:05.11
25	Todey, Sarah	11	Osseo	13:10.24	13:16.69
26	Gorman, Erin	9	Fridley	13:44.00	13:16.71
27	Fennell, Nichole	12	Coon Rapids	13:16.98	13:18.97
28	Korby, Danielle	10	Park Center	13:05.00	13:22.29
29	Carlson, Kristin	11	Coon Rapids	13:13.48	13:23.05
30	Siddiqui, Sana	11	Spring Lk Pk/St. Anthony Villa	13:31.48	13:27.39
31	Sampson, Raelynn	12	St. Michael-Albertville	13:37.23	13:37.83
32	Schell, Alexandra (Kirby)	12	Irondale	13:23.00	13:45.58
33	Hohn, Jenn	8	Osseo	12:56.49	13:53.31
34	Hoyles, Katie	12	Blaine	13:54.00	13:58.65

Girls 100 Meter Hurdles

Section 5AA: 14.44 # 2009
15.21 QUAL

Chiamaka Okonkwo, Osseo

Name	Yr	School	Seed	Prelims	Wind	H#
Preliminaries						
1 Bestman, Edwina	11	Park Center	16.24	15.32 Q	NWI	5
2 Niewald, Hannah	11	Fridley	15.78	15.62 Q	NWI	1
3 Ndely, Michelle-Noella	11	Champlin Park	15.96	15.90 Q	NWI	3
4 Evanson, Olivia	12	Maple Grove	16.24	15.99 Q	NWI	4
5 Abbott, Nicole	11	Anoka	15.90	16.06 Q	NWI	2
6 Whitney, Kirsten	10	Spring Lk Pk/St. Anthony Villa	16.13	15.93 q	NWI	5
7 Mason, Kai	11	Mounds View	16.04	16.31 q	NWI	4
8 Schneider, Emma	12	Mounds View	17.01	16.36 q	NWI	1
9 Harris, Amber	9	Coon Rapids	16.45	16.78 q	NWI	3
10 Paul, Margaret	12	Totino-Grace	16.99	16.82	NWI	1
11 Speidel, Aundria	12	Rogers	16.78	16.92	NWI	2
12 Ohmann, Andrea	11	Blaine	17.21	17.10	NWI	3

Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010

Hamline

Results

13	Peterson, Emily	11	Anoka	17.20	17.41	NWI	2
14	McCauley, Harper	12	Mounds View	17.45	17.49	NWI	4
15	Volk, Christine	12	Champlin Park	18.17	17.67	NWI	2
16	Clifford, Julia	11	Blaine	17.94	17.89	NWI	5
17	Woodis, Cortney	10	St. Michael-Albertville	18.63	17.98	NWI	3
18	Graham, Shatera	11	Osseo	19.44	18.12	NWI	3
19	Klein, Natalie	10	Blaine	18.32	18.15	NWI	3
20	Anderson, Dominique	10	Champlin Park	18.04	18.18	NWI	3
21	Fritze, Halley	10	St. Michael-Albertville	18.56	18.29	NWI	4
22	Olagbaiye, Nicole	11	Osseo	17.54	18.38	NWI	5
23	Tryba, Michelle	9	Anoka	18.20	18.39	NWI	1
24	Larson, Merissa	9	Maple Grove	18.31	18.44	NWI	2
25	Neisen, Cora	10	Maple Grove	18.21	18.51	NWI	1
26	Bagley, Ashely	12	Centennial	18.04	18.61	NWI	4
27	Callhahan, Dakota	9	Coon Rapids	18.39	18.62	NWI	4
28	Angok, Tina	12	Columbia Heights	18.50	18.82	NWI	5
29	Cornelious, Gabby	11	Osseo	19.34	19.00	NWI	2
30	Schroer, Hayley	9	Fridley	18.45	19.14	NWI	5
31	Adams, Emily	12	Rogers	19.27	19.40	NWI	1
32	Kieselhorst, Suzanne	11	Centennial	19.63	19.58	NWI	4
33	Palme, Kayla	7	Park Center	19.90	20.31	NWI	5
34	Wallace, Autumn	11	Irondale	20.08	20.37	NWI	5
35	Plessel, Alexandra	9	Coon Rapids	20.30	20.44	NWI	4
36	Kusick, Alexis	8	Park Center	21.38	20.55	NWI	3
37	Clark, Britta	12	Centennial	19.25	20.63	NWI	1
38	Nocton, Paige	9	Fridley	18.78	21.10	NWI	2

Girls 100 Meter Hurdles

Section 5AA: 14.44 # 2009 Chiamaka Okonkwo, Osseo
15.21 QUAL

Name	Yr	School	Prelims	Finals	Wind	
Finals						
1	Niewald, Hannah	11	Fridley	15.62	15.34	2.3
2	Ndely, Michelle-Noella	11	Champlin Park	15.90	15.44	2.3
Finals ... (Girls 100 Meter Hurdles)						
Name	Yr	School	Prelims	Finals	Wind	
3	Evanson, Olivia	12	Maple Grove	15.99	15.92	2.3
4	Abbott, Nicole	11	Anoka	16.06	15.93	2.3
5	Bestman, Edwina	11	Park Center	15.32	15.98	2.3
6	Whitney, Kirsten	10	Spring Lk Pk/St. Anthony Villa	15.93	16.24	2.3
7	Schneider, Emma	12	Mounds View	16.36	16.57	2.3
8	Harris, Amber	9	Coon Rapids	16.78	17.40	2.3
9	Mason, Kai	11	Mounds View	16.31	17.93	2.3

Girls 300 Meter Hurdles

Section 5AA: 44.84 # 6/4/2010 Kayla Sawtell, Mounds View
46.10 QUAL

Name	Yr	School	Seed	Prelims	H#
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Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010**Hamline****Results****Preliminaries**

1	Whitney, Kirsten	10 Spring Lk Pk/St. Anthony Villa	46.30	46.97 Q	3
2	Bestman, Edwina	11 Park Center	41.80	47.00 Q	1
3	Mullin, Jenny	11 Mounds View	45.99	47.16 Q	2
4	Niewald, Hannah	11 Fridley	46.57	47.25 Q	4
5	Schaeffer, Madeline	11 Rogers	47.23	47.52 Q	5
6	Pelant, Emily	12 St. Michael-Albertville	47.62	47.87 q	4
7	Harris, Amber	9 Coon Rapids	47.33	48.11 q	5
8	Speidel, Aundria	12 Rogers	48.89	48.21 q	2
9	Pieper, Sarah	12 Irondale	47.75	48.24 q	3
10	Paul, Margaret	12 Totino-Grace	48.23	48.73	2
11	Nelson, Kati	11 Mounds View	48.70	49.29	1
12	Schultz, Lauren	12 Mounds View	48.63	49.76	1
13	Arbeiter, McKenzie	10 Maple Grove	49.71	50.13	4
14	Rodman, Shauna	12 Anoka	49.20	50.14	3
15	Meade, Payton	10 Blaine	49.82	50.16	5
16	Asp, Annie	10 Anoka	50.76	50.97	4
17	Schwint, Carli	11 Fridley	52.54	51.00	4
18	Clifford, Julia	11 Blaine	50.58	51.21	5
19	Ohmann, Andrea	11 Blaine	52.93	51.71	5
20	Callhahan, Dakota	9 Coon Rapids	51.77	52.03	3
21	Tosu, Amanda	12 Irondale	51.78	52.55	2
22	Tryba, Michelle	9 Anoka	54.20	52.62	4
23	Neisen, Cora	10 Maple Grove	53.35	52.85	2
24	Herman, Kaley	12 Champlin Park	52.98	52.92	4
25	Olzenak, Kelly	10 Maple Grove	54.10	52.99	2
26	Olagbaiye, Nicole	11 Osseo	52.44	53.04	3

Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010

Hamline
Results

27	Bahl, Shantel	9	Osseo	54.14	53.09	3
28	Oakden, Jenna	11	Champlin Park	52.64	53.14	5
29	Jellum, Madison	7	Park Center	56.10	53.20	3
30	Alexander, Alexis	9	Champlin Park	52.42	53.43	1
31	Yantes, Austin	12	Rogers	53.26	53.51	3
32	Woodis, Cortney	10	St. Michael-Albertville	54.72	54.29	5
33	Robinson, Chelsea	12	St. Michael-Albertville	53.42	54.35	1
34	Johnson, Breanna	10	Osseo	52.44	54.53	2
35	Ries, Renee	12	Totino-Grace	52.11	54.67	1
36	Plessel, Alexandra	9	Coon Rapids	54.98	55.66	4
37	Kieselhorst, Suzanne	11	Centennial	54.50	56.27	5

Preliminaries ... (Girls 300 Meter Hurdles)

Name	Yr	School	Seed	Prelims	H#	
38	Hubbell, Alyssa	10	Centennial	57.34	58.97	1
39	Wallace, Autumn	11	Irondale	59.62	1:00.49	2
40	Palme, Kayla	7	Park Center	56.20	1:00.68	2
41	Almanzar, Luisa	11	Columbia Heights	1:01.00	1:01.76	3

Girls 300 Meter Hurdles

Section 5AA: 44.84 # 6/4/2010 Kayla Sawtell, Mounds View
46.10 QUAL

Name	Yr	School	Prelims	Finals
Finals				
1	Whitney, Kirsten	10	Spring Lk Pk/St. Anthony Villa	46.97 45.92 QUAL
2	Niewald, Hannah	11	Fridley	47.25 46.23
3	Mullin, Jenny	11	Mounds View	47.16 46.35
4	Harris, Amber	9	Coon Rapids	48.11 47.16
5	Pieper, Sarah	12	Irondale	48.24 47.38
6	Schaeffer, Madeline	11	Rogers	47.52 47.41
7	Pelant, Emily	12	St. Michael-Albertville	47.87 47.61

Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010

Hamline
Results

8	Spicdel, Aundria	12	Rogers	48.21	49.52
---	Bestman, Edwina	11	Park Center	47.00	DNF

Girls 4x100 Meter Relay

Section 5AA: 48.15 # 2004
49.23 QUAL

Mpls Washburn, Mpls Washburn

Team	Relay	Seed	Finals	H#
Finals				
1 Osseo	A	48.53	48.24	QUAL 2
1) Okonkwo, Anuli 11	2) Gross, Nia 12	3) Olson, Paige 12	4) Webb, Phillis 10	
2 Mounds View	A	49.77	49.08	QUAL 2
1) Mullin, Jenny 11	2) Mason, Kai 11	3) Belsito, Alyssa 11	4) Pfaffe, Paige 12	
3 Totino-Grace	A	49.87	49.63	2
1) Trentor, Rachel 11	2) Pawlick, Casie 10	3) Wanner, Elizabeth 11	4) Louiselle, Anne 11	
4 Spring Lk Pk/St. Anthony Villa	A	50.68	50.07	2
1) Tudor, Kelly 11	2) Jones, Bria 12	3) Pawlyshyn, Natalie 10	4) Lindquist, Rachel 12	
5 Maple Grove	A	51.41	51.15	2
1) Wilkenfeld, Payton 11	2) Arbeiter, McKenzie 10	3) Lister, Marissa 10	4) Nelson, Haley 10	
6 Rogers	A	52.24	51.72	1
1) Wade, Brea 10	2) Perego, Danielle 9	3) Palmer, Amanda 11	4) Heikkinen, Kirsten 10	
7 Champlin Park	A	51.79	52.34	2
1) Johnson, Jaclyn 11	2) Hill, Melanie 11	3) Applequist, Jennifer 10	4) Ndely, Michelle-Noella 11	
8 Anoka	A	51.30	52.68	2
1) Neilsen, Stephanie 9	2) Bednorz, Katlin 11	3) Winters, Mackenzie 9	4) Sherva, Lauren 10	
9 Coon Rapids	A	52.59	52.90	1
1) Stalboerger, Nicole 9	2) Clarke, Bridgett 12	3) Penshorn, Elizabeth 10	4) Merchant, Patience 12	
10 Fridley	A	53.50	53.04	1
1) Cook, Carliee 9	2) Cooper, Shirley 11	3) Korti, Bendu 9	4) Okwulehie, Chinyere 12	
11 Irondale	A	51.92	53.07	2
1) Lawin, Katherine 11	2) Copeland, Whitney 8	3) Herlofsky, Madison 10	4) Fadina, Rachel 9	
12 Park Center	A	53.62	53.16	1
1) Sellberg, Carly 12	2) Ogunti, Madia 8	3) Dugbeh, Nathatline 11	4) Buggs, Alivia 9	
13 Centennial	A	53.59	54.04	1
1) Hanson, Erin 11	2) Nelson, Briana 9	3) Ngongang, Titiana 11	4) Piette, Maria 10	

Finals ... (Girls 4x100 Meter Relay)

Team	Relay	Seed	Finals	H#
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Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010

Hamline
Results

14	St. Michael-Albertville	A		54.52	54.83	1
	1) Sladek, Katie 12		2) Lyzhof, Brittney 9			
15	Columbia Heights	A		59.90	57.54	1
	1) Stromberg, Shauna 9		2) Harper, Erica 7			
---	Blaine	A		51.91	DNF	2
	1) Nelson, Katie 11		2) Eggerichs, Marissa 9			
			3) Kanu, SaraMaya 10			
			4) Sanchez, Cassandra 9			

Girls 4x200 Meter Relay

Section 5AA: 1:40.76 # 2004
1:43.57 QUAL

Mpls Washburn, Mpls Washburn

	Team	Relay	Seed	Finals	H#
Finals					
1	Osseo	A	1:45.58	1:41.81	QUAL 2
	1) Okonkwo, Anuli 11				2) Webb, Phillis 10
2	Mounds View	A	1:45.23	1:43.06	QUAL 2
	1) Mullin, Jenny 11				2) Bethke, Kelsey 12
3	Spring Lk Pk/St. Anthony Villa	A	1:47.68	1:45.68	2
	1) Rachac, Devon 9				2) Jones, Bria 12
4	Maple Grove	A	1:46.89	1:46.06	2
	1) Nelson, Haley 10				2) Lister, Marissa 10
5	Blaine	A	1:48.51	1:48.57	2
	1) Sanchez, Cassandra 9				2) Falck, Kiersten 9
6	Rogers	A	1:50.23	1:49.02	2
	1) Heikkinen, Kirsten 10				2) Schaeffer, Madeline 11
7	Anoka	A	1:50.93	1:51.39	2
	1) Peterson, Emily 11				2) Guimont, Gabbi 10
8	Irondale	A	1:48.79	1:52.19	2
	1) Lawin, Katherine 11				2) Copeland, Whitney 8
9	Totino-Grace	A	1:55.43	1:52.93	1
	1) Gleckler, Abigail 10				2) Motzell, Alyson 9
10	Coon Rapids	A	1:53.23	1:52.98	1
	1) Peshorn, Elizabeth 10				2) Pearson, Andrea 11
11	Park Center	A	1:55.86	1:53.06	1
	1) Buggs, Alivia 9				2) Ogunti, Madia 8
12	St. Michael-Albertville	A	1:55.13	1:53.48	1
	1) Lyzhof, Brittney 9				2) Robinson, Chelsea 12
13	Champlin Park	A	1:52.86	1:53.96	1
					2) Schirmers, Brandy 10
					3) Stringer, Paige 10
					4) Dugbeh, Nathatline 11
					4) Clover, Sara 12

Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010

Hamline

Results

1) Applequist, Jennifer 10	2) Officer, Alera 10	3) Johnson, Jaclyn 11	4) Darnell, Katelyn 11
14 Columbia Heights	A	2:20.00	2:13.61 1
1) Fowlkes, LeNesha 10	2) Stromberg, Shauna 9	3) Perez, Shanel 11	4) Peterson, Kiera 12
--- Centennial	A	1:49.20	DQ 2
1) Kreckelberg, Elizabeth 9	2) Schevenius, Laura 12	3) Fuechtmann, Kayla 11	4) Windingstad, Kayla 9

Girls 4x400 Meter Relay

Section 5AA: 3:56.95 # 5/29/2009 Mounds View, MoundsView
M Shelendich, E Toninato, L Hanson, K Bethke

4:01.19 QUAL

Team	Relay	Seed	Finals	H#
Finals				
1 Mounds View	A	4:01.98	3:58.25 QUAL	2
1) Titterud, Laurisa 11	2) Toninato, Emily 12	3) Bethke, Kelsey 12	4) McDaniels, Katie 10	
Finals ... (Girls 4x400 Meter Relay)				
Team	Relay	Seed	Finals	H#
2 Totino-Grace	A	4:03.34	4:00.75 QUAL	2
1) Paul, Margaret 12	2) Wanner, Elizabeth 11	3) Louiselle, Anne 11	4) McDonald, Taylor 10	
3 Anoka	A	4:05.16	4:03.58	2
1) Fritz, Alexis 9	2) Fritz, Katelyn 11	3) Eisenbraun, Amber 12	4) Bowe, Jessie 12	
4 Irondale	A	4:07.98	4:04.09	2
1) Degelau, Brooke 10	2) Lawin, Katherine 11	3) Heinks, Mary 8	4) Watts, Mattie 9	
5 Blaine	A	4:07.29	4:07.65	2
1) Falck, Kiersten 9	2) Neubauer, Brooke 12	3) Eggerichs, Marissa 9	4) Lachinski, Hailey 10	
6 Maple Grove	A	4:11.95	4:09.18	2
1) Corbin, Taylor 12	2) Halfrich, Sara 9	3) Krismer, Katie 10	4) Philips, Emily 12	
7 Coon Rapids	A	4:12.21	4:10.90	2
1) Jones, Paige 12	2) Pearson, Andrea 11	3) Harris, Amber 9	4) Gillberg, Mollie 12	
8 St. Michael-Albertville	A	4:10.13	4:12.71	2
1) Wooters, Courtney 9	2) Pelant, Emily 12	3) Sjelin, Maddi 10	4) Lyzhof, Brittney 9	
9 Rogers	A	4:15.25	4:13.01	2
1) Sharp, Rachel 10	2) Schaeffer, Madeline 11	3) Speidel, Aundria 12	4) Kornovich, Sarah 11	
10 Centennial	A	4:16.11	4:13.98	1
1) Boehne, Nicole 10	2) Culp, Megan 12	3) Schevenius, Laura 12	4) Dame, Sarah 10	
11 Spring Lk Pk/St. Anthony Villa	A	4:19.36	4:14.69	1
1) Gordhamer, Lauren 12	2) Tudor, Kelly 11	3) Cady, Samantha 11	4) Trappen, Lindsay 11	
12 Osseo	A	4:15.44	4:19.01	1
1) Shagen, Kaley 10	2) Bialke, Morgan 11	3) Olson, Paige 12	4) Johnson, Breanna 10	

Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010

Hamline
Results

13	Fridley	A		4:22.06	4:25.41	1
	1) Cook, Carliece 9		2) Duehn, Rachel 11			
14	Champlin Park	A		4:30.32	4:32.66	1
	1) Darnell, Katelyn 11		2) Herman, Kaley 12			
---	Park Center	A		4:47.94	DQ	1
	1) Henderson, Vanessa 7		2) Freund, Isabel 7			
			3) Wessel, Abby 7			
			4) Heitzig, Madelyn 7			

Girls 4x800 Meter Relay

Section 5AA: 9:29.24 # 2009
9:29.20 QUAL

Mounds View, Mounds View

Team	Relay	Seed	Finals
Finals			
1	Mounds View	A	9:29.28 9:43.94
	1) Titterud, Laurisa 11		2) Balzer, Nicole 10
2	Centennial	A	9:53.17 10:00.21
	1) Butina, Madison 9		2) Anderson, Steph 10
3	Coon Rapids	A	9:55.98 10:04.33
	1) DHeilly, Paige 10		2) Weimholt, Stefani 10
4	Spring Lk Pk/St. Anthony Villa	A	10:31.76 10:09.81
	1) Picard, Alexandra 11		2) Marsh, Melissa 9
5	Anoka	A	10:21.00 10:12.91
	1) Pipenhagen, Mary 12		2) Corbin, Nicole 9
6	Blaine	A	10:26.36 10:15.98
	1) Anderson, Allyson 10		2) Harper, Erin 11
7	Park Center	A	10:12.00 10:25.93
	1) Metzger, Renae 11		2) Hemming, Cassandra 7
8	St. Michael-Albertville	A	9:57.65 10:26.57
	1) Autio, Erin 9		2) Norby, Presley 7
9	Maple Grove	A	10:31.20 10:26.66
	1) Waananen, Amy 12		2) Otzenak, Kelly 10
Finals ... (Girls 4x800 Meter Relay)			
Team	Relay	Seed	Finals
10	Osseo	A	10:35.18 10:31.98
	1) Kehn, Ally 11		2) Fridgen, Abby 8
11	Champlin Park	A	10:37.86 10:35.87
	1) Moore, McKinley 11		2) Mattson, Karli 10
12	Totino-Grace	A	10:01.23 10:36.37
			3) Martinson, Madeline 10
			4) Heytens, Kelli 9

Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010

Hamline

Results

1) Winslow, Darian 10 13 Rogers	2) McSherry, Kylie 9 A	3) Miller, Alexandra 10 11:02.89	4) Sedesky, Marie 9 11:12.38
1) Bianchi, Jessica 11 14 Irondale	2) Stutelberg, Cassidy 10 A	3) Shaffer, Rebekah 9 10:27.24	4) Rouillard, Janaye 10 11:24.48
1) Heinks, Mary 8	2) Watts, Mattie 9	3) Zink, Kristin 11	4) Degelau, Brooke 10

Girls High Jump

Section 5AA: 5-09 # 1996 Gina Curtis, Park Center
5-04.00 QUAL

Name	Yr	School	Seed	Finals	
Finals					
1 Dahly, Ashley	11	Totino-Grace	5-02.00	5-04.00	QUAL
2 Zimmerman, Ali	11	Mounds View	5-02.00	5-02.00	
3 Christianson, Nicole	11	Coon Rapids	5-02.00	J5-02.00	
4 Sherva, Lauren	10	Anoka	5-03.00	J5-02.00	
5 Olsen, Kirsten	10	Blaine	5-05.00	5-00.00	
5 Hlavka, Courtney	10	Anoka	5-02.00	5-00.00	
7 Jung, Olivia	10	Coon Rapids	4-10.00	J5-00.00	
7 Ordner, Madison	10	Maple Grove	5-00.00	J5-00.00	
7 Johnson, Jaclyn	11	Champlin Park	4-10.00	J5-00.00	
7 Macleod, Taylor	10	Maple Grove	4-10.00	J5-00.00	
7 Schendel, Tana	11	Mounds View	5-00.00	J5-00.00	
12 Guimont, Gabbi	10	Anoka	5-00.00	4-00.00	
12 Seba, Colleen	11	Osseo	4-10.00	4-00.00	
12 Namyst, Emily	9	Centennial	4-10.00	4-00.00	
12 Lachinski, Hailey	10	Blaine	4-01.00	4-00.00	
12 Meade, Payton	10	Blaine	4-08.00	4-00.00	
12 Ogden, Rachel	10	Rogers	4-06.00	4-00.00	
12 Clarke, Bridgett	12	Coon Rapids	5-00.00	4-00.00	
12 Angok, Tina	12	Columbia Heights	4-10.00	4-00.00	
12 Fixsen, Olivia	9	Mounds View	5-02.00	4-00.00	

Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010

Hamline
Results

12 Kinnunen, Carla	10 Maple Grove	4-08.00	4-00.00
12 Werth, Katlyn	10 Centennial	4-10.00	4-00.00
12 Burns, Josie	9 St. Michael-Albertville	4-08.00	4-00.00
12 Trappen, Lindsay	11 Spring Lk Pk/St. Anthony Villa	5-00.00	4-00.00
12 Jones, Bria	12 Spring Lk Pk/St. Anthony Villa	5-03.00	4-00.00
12 Cady, Samantha	11 Spring Lk Pk/St. Anthony Villa	4-10.00	4-00.00
12 Okonkwo, Anuli	11 Osseo	5-00.00	4-00.00
12 Tosu, Amanda	12 Irondale	4-06.00	4-00.00
12 Blanski, Molly	12 Totino-Grace	4-10.00	4-00.00
12 Duehn, Rachel	11 Fridley	5-00.00	4-00.00
12 Watson, Sarah	9 Champlin Park	4-10.00	4-00.00
--- Nichols, Raja	10 Osseo	4-06.00	NH
--- Schroer, Hayley	9 Fridley	4-04.00	NH
--- Willcox, Rachael	10 Irondale	4-04.00	NH

Finals ... (Girls High Jump)

Name	Yr School	Seed	Finals
--- Piette, Maria	10 Centennial	4-10.00	NH
--- Cook, Carliee	9 Fridley	4-06.00	NH
--- Agbonkhese, Monika	10 Park Center	4-00.00	NH
--- Adams, Emily	12 Rogers	4-08.00	NH
--- Brady-Olowu, Jordana	9 Irondale	4-04.00	NH
--- Anderson, Taylor	10 Park Center	4-00.00	NH

Girls Pole Vault

Section 5AA: 12-10 # 2006
10-07.00 QUAL

Alicia Rue, Armstrong

Name	Yr School	Seed	Finals
Finals 1 Stych, Alex	12 Mounds View	11-06.00	11-04.00 QUAL

Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010

Hamline
Results

2	Pieper, Sarah	12 Irondale	10-00.00	11-01.00	QUAL
3	Kanning, Emma	11 Irondale	10-06.00	10-07.00	QUAL
3	Olson, Katie	12 Mounds View	10-00.00	10-07.00	QUAL
5	Gillberg, Mollie	12 Coon Rapids	9-09.00	10-07.00	QUAL
6	Clements, Paige	10 Mounds View	10-06.00	10-01.00	
7	Knudson, Kirstey	11 Blaine	8-06.00	9-01.00	
7	Hoover, Jessica	11 Blaine	9-03.00	9-01.00	
7	Deitchler, Abigail	11 Anoka	8-06.00	9-01.00	
7	Ness, Samantha	10 Coon Rapids	8-06.00	9-01.00	
7	Hoffman, Amy	11 Spring Lk Pk/St. Anthony Villa	9-00.00	9-01.00	
9	Thomsen, Emily	10 Coon Rapids	9-03.00	09-01.00	
13	Kornovich, Sarah	11 Rogers	8-06.00	8-07.00	
13	Clifford, Julia	11 Blaine	9-03.00	8-07.00	
13	Jones, Katelyn	11 Anoka	9-00.00	8-07.00	
13	Denler, Carly	10 Champlin Park	8-03.00	8-07.00	
13	Schaeffer, Madeline	11 Rogers	9-06.00	8-07.00	
18	Eisenbraun, Amber	12 Anoka	8-06.00	8-01.00	
18	Roetering, Katherine	10 Maple Grove	7-06.00	8-01.00	
18	Walker, Sarah	12 Centennial	7-06.00	8-01.00	
18	Westrum, Stephanie	12 St. Michael-Albertville	8-00.00	8-01.00	
18	Sellberg, Carly	12 Park Center	8-06.00	8-01.00	
18	Moe, Faith	9 Centennial	8-06.00	8-01.00	
18	Sladek, Katie	12 St. Michael-Albertville	8-01.00	8-01.00	
---	Swanberg, Emily	12 Irondale	10-06.00	NH	
---	Ruikka, Sam	10 Fridley	7-06.00	NH	
---	Johnson, Allie	10 Champlin Park	8-06.00	NH	
---	Heller, Hannah	9 Maple Grove	7-00.00	NH	

Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010

Hamline
Results

--- Carstensen, Kayla 12 Maple Grove 7-00.00 NH

Girls Long Jump

Section 5AA: 18-05.50 # 1996
17-06.00 QUAL

Gina Curtis, Park Center

Name	Yr	School	Seed	Finals	Wind
Finals					
1 Davis, Sashanavian	12	Park Center	14-08.50	17-02.75	0.3
2 Hill, Melanie	11	Champlin Park	17-06.00	16-11.25	0.2
3 Niewald, Hannah	11	Fridley	17-03.50	16-07.00	0.3
Finals ... (Girls Long Jump)					
Name	Yr	School	Seed	Finals	Wind
4 Puckett, Brianna	10	Osseo	16-05.00	16-06.00	0.1
5 Carter, Kianna	11	Irondale	15-05.00	16-03.25	+0.0
6 Pawlick, Casie	10	Totino-Grace	16-04.00	16-02.00	0.4
7 Trentor, Rachel	11	Totino-Grace	16-09.00	16-01.25	0.1
8 Zimmerman, Ali	11	Mounds View	16-11.75	16-01.00	0.5
9 Bestman, Edwina	11	Park Center	15-05.50	16-00.50	0.7
10 Toninato, Emily	12	Mounds View	16-03.50	15-11.25	1.1
11 Eggerichs, Marissa	9	Blaine	16-06.00	15-06.25	NWI
12 Johnson, Jaclyn	11	Champlin Park	16-03.00	15-06.00	NWI
13 Kaiser, Kayla	9	Maple Grove	15-05.00	15-05.75	NWI
14 Bialke, Morgan	11	Osseo	14-06.00	15-05.00	NWI
14 Pawlyshyn, Natalie	10	Spring Lk Pk/St. Anthony Villa	16-00.00	15-05.00	NWI
16 Autio, Erin	9	St. Michael-Albertville	14-09.00	15-04.00	NWI
17 Cady, Samantha	11	Spring Lk Pk/St. Anthony Villa	15-04.50	15-03.50	NWI
18 Pieper, Sarah	12	Irondale	16-03.50	15-02.50	NWI
19 Walker, Sarah	12	Centennial	14-03.00	15-01.75	NWI
20 Schwint, Carli	11	Fridley	15-04.25	15-00.75	NWI
21 Korsah, Georgia	12	Coon Rapids	14-09.00	15-00.00	NWI
22 Gross, Nia	12	Osseo	14-10.00	14-07.00	NWI
23 McGrath, Molly	9	Blaine	15-03.00	14-06.00	NWI
24 Pelant, Emily	12	St. Michael-Albertville	14-00.00	14-05.75	NWI
25 Hlavka, Courtney	10	Anoka	14-01.00	14-05.50	NWI
26 Werth, Katlyn	10	Centennial	14-08.00	14-05.00	NWI
27 Gonsior, Madison	9	Blaine	15-02.00	14-03.25	NWI
28 Mason, Kai	11	Mounds View	16-00.50	14-03.00	NWI
28 Heytens, Kelli	9	Champlin Park	15-00.00	14-03.00	NWI
30 Pena, Selena	9	Fridley	14-04.00	14-02.25	NWI
31 Anderson, Risa	9	Coon Rapids	14-05.00	14-01.25	NWI
31 Bednorz, Katlin	11	Anoka	15-01.00	14-01.25	NWI
33 Roetering, Katherine	10	Maple Grove	15-03.00	14-00.50	NWI
34 Freund, Isabel	7	Park Center	12-09.25	13-11.50	NWI
35 Russell, Elizabeth	10	Totino-Grace	14-07.00	13-10.25	NWI
36 Peck, Sarah	9	Centennial	14-03.00	13-09.75	NWI
37 Heikkinen, Kirsten	10	Rogers	14-06.00	13-09.25	NWI
38 Robinson, Chelsea	12	St. Michael-Albertville	13-05.00	13-07.50	NWI

Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010

Hamline

Results

39	Willcox, Rachael	10	Irondale	13-05.25	13-04.25	NWI
40	Krueger, Cailin	7	Columbia Heights	11-10.00	11-00.00	NWI
41	Stromberg, Shauna	9	Columbia Heights	11-05.00	10-08.00	NWI
---	Peterson, Emily	11	Anoka	14-08.00	ND	NWI
---	Vanney, allie	9	Spring Lk Pk/St. Anthony Villa	14-11.50	ND	NWI
---	Holle, Nicole	10	Coon Rapids	14-10.00	ND	NWI
---	Forbes, Lizzy	12	Maple Grove	14-05.00	ND	NWI

Girls Triple Jump

Section 5AA: 37-07.50 # 2002
35-11.00 QUAL

Kou Luogon, Park Center

Name	Yr	School	Seed	Finals	Wind	
Finals						
1	Evanson, Olivia	12	Maple Grove	35-08.00	36-08.50	3.4
2	Duchn, Rachel	11	Fridley	34-02.25	35-01.50	1.1
Finals ... (Girls Triple Jump)						
Name	Yr	School	Seed	Finals	Wind	
3	Jones, Paige	12	Coon Rapids	34-06.00	J35-01.50	0.8
4	Mason, Kai	11	Mounds View	34-04.25	35-00.00	3.1
5	Hill, Melanie	11	Champlin Park	35-10.00	34-10.25	2.1
6	Peck, Sarah	9	Centennial	33-05.50	34-00.25	2.1
7	Eggerichs, Marissa	9	Blaine	34-09.00	34-00.00	2.7
8	Dukuly, Jamillah	11	Champlin Park	32-08.00	33-11.50	4.4
9	Pawlick, Casie	10	Totino-Grace	34-00.00	33-10.75	3.0
10	Autio, Erin	9	St. Michael-Albertville	30-11.50	33-10.00	NWI
10	Whitney, Kirsten	10	Spring Lk Pk/St. Anthony Villa	34-09.25	33-10.00	1.5
12	Pelant, Emily	12	St. Michael-Albertville	34-01.00	33-05.25	NWI
13	Clarke, Bridgett	12	Coon Rapids	34-01.00	33-02.75	NWI
14	Bandt, Carly	9	Mounds View	33-00.25	33-02.00	NWI
15	Miller, Abby	10	Blaine	32-09.00	33-01.25	NWI
16	Russell, Elizabeth	10	Totino-Grace	33-02.00	32-08.50	NWI
17	Asp, Annie	10	Anoka	35-05.50	32-07.50	NWI
18	Schwint, Carli	11	Fridley	32-02.00	32-06.75	NWI
19	Levasseur, Caitlin	9	Coon Rapids	32-03.00	32-04.00	NWI
20	Tosu, Amanda	12	Irondale	31-03.50	32-02.50	NWI
21	Sherva, Lauren	10	Anoka	34-00.00	32-02.25	NWI
22	Abbott, Nicole	11	Anoka	33-07.00	31-08.00	NWI
23	Kaiser, Kayla	9	Maple Grove	31-05.00	31-05.75	NWI
24	Justinak, Hayley	11	Spring Lk Pk/St. Anthony Villa	30-10.25	30-07.25	NWI
25	Justinak, Sophie	11	Spring Lk Pk/St. Anthony Villa	32-07.50	30-07.00	NWI
26	Arogbokun, Funmi	11	Osseo	34-10.00	30-01.50	NWI
27	Bestman, Edwina	11	Park Center	33-03.00	29-09.00	NWI
28	Sharp, Rachel	10	Rogers	28-08.00	29-07.00	NWI
29	Willcox, Rachael	10	Irondale	30-09.25	29-06.75	NWI
30	Hickman, Alexandra	11	Totino-Grace	28-00.00	29-05.75	NWI
31	Sellberg, Carly	12	Park Center	30-10.00	28-11.25	NWI
32	Heitzig, Madelyn	7	Park Center	27-04.00	28-09.25	NWI
33	Raether, Marissa	9	Blaine	30-01.50	28-03.25	NWI
34	Cook, Carliece	9	Fridley	30-05.25	28-03.00	NWI

Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010

**Hamline
Results**

35	Yantes, Austin	12	Rogers	30-01.00	28-02.25	NW
36	Almanzar, Luisa	11	Columbia Heights	29-00.25	27-07.50	NW
37	Johnson, Breanna	10	Osseo	28-01.00	27-02.75	NW
38	Slyter, Ashley	12	St. Michael-Albertville	26-00.00	27-00.50	NW
---	Schoenrock, Emily	11	Osseo	25-10.00	ND	NW
---	Zimmerman, Ali	11	Mounds View	34-07.00	ND	NW

Girls Shot Put

Section 5AA: 43-01 # 6/4/2010 Emily Lesser, Maple Grove
39-01.00 QUAL

Name	Yr	School	Seed	Finals		
Finals						
1	Pasiowitz, Courtney	10	Coon Rapids	41-11.50	40-01.50	QUAL
2	Vinokur, Victoria	12	Maple Grove	38-02.50	38-04.75	
3	Happke, Caitlynn	12	Coon Rapids	38-01.50	38-03.00	
4	Nwalkolo, Nkemdilim	11	Champlin Park	36-09.75	36-11.50	
5	Hanson, Erin	11	Centennial	35-00.00	36-01.25	
6	Rasmussen, Veronica	8	Mounds View	35-09.50	35-08.50	

Finals ... (Girls Shot Put)

Name	Yr	School	Seed	Finals
7	Dunnigan, Ellisha	12	Irondale	37-01.00 34-08.00
8	Seba, Colleen	11	Osseo	36-04.00 34-06.25
9	Gelbmann, Christine	12	Mounds View	34-08.50 34-03.00
10	Kreuser, Madison	10	Totino-Grace	33-10.50 34-00.50
11	Richter, Kendra	12	Park Center	33-06.00 33-09.50
12	McCoy, Krissy	12	St. Michael-Albertville	32-07.00 33-07.50
13	Andrews, Julia	11	Coon Rapids	33-05.00 33-04.00
14	Tillman, Kat	10	Mounds View	33-07.50 32-11.75
15	Berger, Rachael	10	Totino-Grace	32-10.00 32-04.00
16	Jurchisin, Kristin	11	Centennial	32-06.50 32-03.50
17	Kidd, Melissa	11	Spring Lk Pk/St. Anthony Villa	34-06.00 32-02.50
18	Okwulehie, Chinyere	12	Fridley	32-11.00 32-00.50
19	Anderson, Danielle	12	Blaine	31-05.50 31-08.75

Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010

Hamline

Results

20	Kuntz, Alyson	12 Champlin Park	33-03.00	31-07.75
21	Bendiske, Anna	11 Anoka	33-08.00	31-07.25
22	Kytta, Hayley	10 Blaine	31-08.50	31-03.00
23	Mbariket, Yvonne	11 Osseo	32-06.00	30-10.00
24	Adkins, Genevae	9 St. Michael-Albertville	32-06.00	30-09.50
25	Bebeau, Karleigh	10 Anoka	33-02.00	29-10.00
26	Montgomery, Madison	10 Blaine	32-07.00	29-09.00
27	Brady-Olowu, Jordana	9 Irondale	29-08.00	29-08.75
28	Burr, Kendra	11 Rogers	30-02.00	29-04.50
29	Karst, Kayla	12 Anoka	33-01.00	29-01.00
30	Rodriguez, Mercedes	10 Irondale	28-07.25	28-08.25
31	Winters, Halley	9 Spring Lk Pk/St. Anthony Villa	29-06.50	28-06.50
32	Ende, Jill	12 St. Michael-Albertville	30-09.00	28-02.50
33	Sims, Sharai	11 Osseo	29-04.00	28-00.50
34	Gellerman, Stephanie	11 Rogers	28-07.00	27-09.25
35	Wright, Bailey	9 Spring Lk Pk/St. Anthony Villa	27-07.00	25-11.25
36	Mahdy, Nancy	12 Fridley	26-09.00	25-09.50
37	Krismer, Katie	10 Maple Grove	24-01.00	25-07.75
38	Stelzer, Marissa	10 Totino-Grace	25-09.00	25-07.50
39	Nathan, Christina	9 Rogers	27-04.00	24-11.00
40	Perez, Shanel	11 Columbia Heights	24-03.00	22-07.00
41	Davey, Taylor	9 Maple Grove	23-00.00	21-11.00
---	Felmister-King, GJillian	12 Champlin Park	36-06.00	ND
---	Ngongang, Titiana	11 Centennial	34-05.50	ND
---	Wallace, Shakira	9 Park Center	25-00.00	ND
---	Ross, Sakinah	9 Park Center	23-09.00	ND